



## ANIMAL-AIDED THERAPY

Animal-assisted therapy is a practice that offers a therapeutic method based on the positive exchange between humans and animals. It is based on an ancient phenomenon: the bond that has been woven, for millennia, between Man and Animal.

The Animal does not have speech, but still manages to enter into relationship with Man. Capable of attachment, it intrigues and arouses curiosity, without judging us. An ideal mediator in therapy.

**To find out more:** <https://aftaa.net>

We use pet dogs as well as cats.

In the garden we have a large Koi carp pond with sixteen large Japanese Koi.

More and more hospitals for dependent elderly people are using animal therapy in addition to conventional treatment protocols.

Also known as animal therapy, it is a structured program of playful play assisted by dogs, birds, rabbits, turtles and many others (depending on the therapist and the structure of care).

This therapy has not been scientifically validated, but caregivers have seen real benefits for patients. She thus has the gift of soothing patients who are often agitated, the animal relaxing the patient, reassuring him and giving him a feeling of security. It will also stimulate his senses, his emotions, his memories as well as communication.